Active recall worksheet

Use one question per page. Attempt an answer before reopening your notes, then check and correct it.

Topic, source locator and actual attempt date

1. Question or cue - keep the answer out of the prompt

2. My answer before checking - record uncertainty as well as what I recall

3. Source check - locate the relevant passage and record a checked answer

4. Specific difference or correction - what did I omit, add or misstate?

5. Later retry before checking - record the attempt date when it happens

6. Next task and review date I choose - leave a future attempt marked as planned

Choose review timing for your course and material. This record supplies no mastery score or optimal interval.